



### Donate Now

CACHA counts on the generosity of people like you to send medical teams, equipment and medications in our host countries of Benin, Gabon, Tanzania, and Uganda. 100% of your donation will go towards our projects that have a direct impact on the lives of people with little or no access to medical care.

On behalf of those who will benefit from your generosity, we thank you for your interest in our organization.

### Yes, I want to help.

#### CONTACT INFORMATION

NAME \_\_\_\_\_  
 ADDRESS \_\_\_\_\_  
 CITY \_\_\_\_\_  
 PROVINCE \_\_\_\_\_ POSTAL CODE \_\_\_\_\_  
 TELEPHONE \_\_\_\_\_  
 EMAIL ADDRESS \_\_\_\_\_

#### DONATION INFORMATION

\$100  \$50  \$25  OTHER

#### CREDIT CARD INFORMATION

VISA  MASTERCARD  
 CARD NUMBER \_\_\_\_\_  
 CARD HOLDER NAME \_\_\_\_\_  
 EXPIRY DATE (Month/Year) \_\_\_\_\_  
 SIGNATURE \_\_\_\_\_

We also accept personal cheques.  
 CACHA is a registered charity and issues tax receipts. Our charitable registration number is 862889755RR0001.

## CALENDAR OF EVENTS

- August 14** Members Meeting Ottawa 10 :00 a.m. 100 Marie Curie, Third Floor
- September 25** Members Meeting Montreal 10:00am To be confirmed
- Early November** Medical Mission to Benin Medical Mission to Gabon
- November 6** Members Meeting Ottawa 10 :00 a.m. 100 Marie Curie, Third Floor
- Mid November** Direct Posi+ive, Art and Photography Silent Auction Fundraiser

**CACHA**  
 Our humanitarian foundation offers basic health care to isolated African villages, participates in the fight against HIV/AIDS, and contributes to the training of medical and support staff both in Canada and in the host countries of Gabon, Benin, Tanzania, and Uganda.

**Board of Directors**  
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 Christopher Fisher  
 Jean Montgrain  
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 Johanne Labelle  
 Arlene McKechnie  
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**Executive Director:** Brent Oliver  
**Administration:** Oona St. Amant

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**www.cacha.ca**  
**Charitable Number:** 862889755 RR0001

### Special Evening with Stephen Lewis



## SPONSORS

The following sponsors supported our very successful 'Special Evening with Stephen Lewis' held in November 2004. Thank you for your generosity.

#### PLATINUM



#### GOLD



#### SILVER



#### BRONZE



## 8266 patients, 9134 consultations, 21,551 prescriptions...3 Weeks



CACHA volunteers visiting Gabon school children

**Gabon 2005 Project** - On April 11<sup>th</sup> 2005, a group of 18 CACHA members flew to Gabon to treat patients in remote villages across the country. The team consisted of doctors, nurses, pharmacists, a researcher, dentist, nursing students and instructors from CEGEP St-Jeans sur le Richelieu. We partnered with a non-profit organization, Caravane Médicale du Gabon to

help accomplish all of our work. In only three weeks, the Canadian-Gabonese team successfully **treated 8266 patients, made 9134 consultations and filled 21,551 prescriptions.** Travelling to Okondja, Ngouoni, Moanda, Lastourville, Pana and Iniaasi, **the team delivered over \$140,000 worth of medication and supplies.**



## Together We Can Make A Difference

# Together We Can Make a Difference



Membership Card

## WHAT'S NEW

1 On Saturday March 26<sup>th</sup>, CACHA shipped a 40-foot container to Tanzania that arrived in late May. The container contained 17 hospital beds, 30 mattresses and 2 stretchers in addition to a wide array of equipment such as assistive devices, syringes, dressing supplies, and Geri-chairs.

2 We have a new addition to the CACHA family - an orphanage in Uganda called House of Hope. Our partnership was formalized on January 11<sup>th</sup> 2005. Founded in 2001 by Edward Muyobo, House of Hope provides a permanent home for 47 orphans.



## TANZANIA PROJECT 2005

A team of nine left for Tanzania on May 20<sup>th</sup> spending two weeks in the Moshi region.

The most important development on this trip was the implementation of a program to prevent the transmission of HIV from mother to child during childbirth. The intervention itself consists of a single dose of an antiretroviral drug called nevirapine to be given to the mother during labour and 5ml of liquid Nevirapine to be given to the baby after birth. **Boehringer Ingelheim International** and **Abbott Laboratories International** donated the rapid HIV tests used to diagnose expectant mothers that are HIV+. **We expect to prevent upwards of 200 transmissions per year with this program.**



AIDS orphans visiting MKUKI, an AIDS service organization and CACHA partner

## CACHA'S NEWEST BOARDS MEMBERS

### Arlene McKechnie

I grew up in Regina, and then went to Queen's in the sixties. I completed an Honours degree in math. [Who was that person?]

For a number of years after that I worked in the field of Computer Science: first as a programmer, then as a consultant, and finally as a teacher. I taught at Champlain College in Montreal and then at the University of Windsor.

In the late 1980's, I went to law school in Windsor and was called to the bar in 1992. I articulated at Nelligan O'Brien Payne in Ottawa and worked there for a number of years finally becoming a partner.

A couple of years ago, I left private practice and began to work as in-house counsel for a high-tech firm in Kanata. Now I work 4 days a week and have a lot more time to spend with my family.

I have been married for 36 years; have three grown children, and two grandbabies.

I am looking forward to contributing my time and effort to CACHA and very much value the work they are doing.

### Christopher Fisher

Chris has been a member of CACHA since April 2004. In that same year, he accepted our offer to become head of the Tanzania Project Committee and has lead and participated in two trips August 2004 and May 2005 - to the Himo/Kilimanjaro region of Tanzania.

Chris has an Honours BA from the University of Western Ontario in Political Science with a concentration in International Relations and Development. He has extensive knowledge in the area of Anti-Retroviral Treatment and Research from four years of employment with two pharmaceutical companies Roche and currently, Boehringer-Ingelheim.

His work has enabled him to travel extensively to attend several international conferences on the subject of HIV/AIDS and routinely organizes training and education sessions for Canadian doctors on the subject.

On the family front, Chris and his wife, Hélène, have two boys, William, 5 and Tristan, 3. Needless to say, Chris and Helene are kept very busy!

## WARM RECEPTION IN TANZANIA



MKUKI teacher and members making a table at the carpentry shop

### TANZANIA INTERN

As a CIDA intern, I have spent the past 5 months working in Moshi, Tanzania, with a couple different CACHA partners in the region. It has been an incredibly enriching experience thus far, during which we have had a number of successes in some areas and uncovered a great deal of new challenges in others.

The main partner I've been working with is a local NGO called "MKUKI", who devote themselves to fighting HIV/AIDS in their community. Some of MKUKI's main functions include: an HIV/AIDS education centre, where the local community can drop in for free information, counseling and condoms; a vocational training program, where youth, many of whom are orphans, receive training in sewing, carpentry or auto mechanics; and a co-operative farming program, which lends materials and expertise to local widows who would otherwise have difficulty supporting themselves.

It is CACHA's hope that we will be able to build MKUKI a permanent home of their own, as they currently occupy a rented facility unsuitable for much further growth. The search for a suitable build site has been slowed by new zoning regulations that were recently introduced in the area, but remains ongoing. The goal remains to begin construction on the new facility later this year, though a number of challenges still must be overcome before that point is reached.

The other CACHA partner I've been working with is Kilema Hospital; a rural hospital perched on the slopes of Mt. Kilimanjaro. Kilema provides a wide range of health services to the surrounding villagers, and fighting the problem of HIV/AIDS remains one of its priorities.

The medical staff that operate Kilema Hospital possess a remarkable passion for helping the surrounding communities, though the hospital itself is sadly lacking some vital equipment, supplies and expertise (as the foot pump operated anaesthesia machines suggests).

To this end, CACHA has been able to provide assistance to Kilema Hospital in a number of ways. It has shipped a container full of used hospital equipment. It has facilitated the visit of a medical doctor and an HIV/AIDS social worker to Kilema, and is currently co-ordinating the arrival of a contingent of various medical staff which will arrive in late May. These visits are extremely useful in that they provide vital training to Kilema's medical staff, and enable the Canadian visitors to help spread awareness and garner support once they've returned home.

## Become a Member

We have a strong and committed membership base and we want you to be a part of it! By joining Canada Africa Community Health Alliance as a member, you will become more involved in the direction of the organization and have ample chances to make a difference.

Membership Fee: \$25

Yes, I want to become a member.

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